

# SRIJEATS

**WEEKLY  
NON-VEG  
MEAL PLAN**

**MAY 16 - MAY 22**

TO ORDER, TEXT OR  
CALL:  
416-829-1357

### MONDAY

#### MUGHLAI EGG KORMA

royal cashew-onion gravy + aromatic mace & cardamom + crispy fried onion garnish

#### PANEER YAKHNI

yogurt-based gravy + fennel & dry ginger notes + tempered shahi jeera

#### GHEE PULAO

long-grain basmati + whole spices + toasted cashew nuts & fried onions

**2 ROTI**

### TUESDAY

#### ACHARI CHICKEN

tangy pickling spices + mustard oil infusion + kalonji & fennel seeds

#### MASOOR DAL

classic red lentils + nigella seeds + sweet sautéed onions

#### STEAMED RICE

delicate white rice + light & airy

**2 ROTI**

### WEDNESDAY

#### CHICKEN BHUNA MASALA

slow-roasted onion-tomato base + dark smoky masala + fresh ginger juliennes

#### KARAHI VEGETABLE

seasonal vegetables + chunky bell peppers + freshly pounded karahi masala + tomato-ginger base

#### STEAMED RICE

delicate white rice + light & airy

**2 ROTI**

### THURSDAY

#### KALO TIL CHICKEN

roasted black sesame paste + pungent mustard oil + green chili heat

#### DAL

lentils + tomatoes + onions

#### STEAMED RICE

delicate white rice + light & airy

**2 ROTI**

### FRIDAY

#### CHICKEN TIKKA MASALA

oven-seared chicken tikka + velvety spiced tomato sauce + dried fenugreek

#### DAL FRY

yellow lentils + garlic ghee tempering + smoky cumin + dried red chilies

#### JEERA RICE

fragrant basmati + toasted cumin seeds + fluffy finish

**2 ROTI**

### SATURDAY

#### DHABA STYLE EGG MASALA

robust onion-tomato gravy + bold garlic-ginger punch + fresh coriander

#### ALOO CHANGEZI

fried potato wedges + rich and spicy tomato-cream gravy + roasted nuts

#### STEAMED RICE

delicate white rice + light & airy

**2 ROTI**